

# **Fit to Play –DVD ORDER FORM**

**e-mail:carl@citysportsphysio.com or tel(604)606-1420**

**FAX TO Canada- (604)606-1488 or**

**Mail to:**

**Carl Petersen / Fit to Play**

**# 420-890 West Pender St.**

**Vancouver, B.C. Canada V6C-1J9**

## **Customer Information**

Your Name \_\_\_\_\_

Delivery Address \_\_\_\_\_

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Phone Number (\_\_\_\_) \_\_\_\_\_ Fax Number (\_\_\_\_) \_\_\_\_\_

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## **Payment Information**

Cash \_\_\_\_ Cheque \_\_\_\_ Visa \_\_\_\_ Mastercard \_\_\_\_ PAYPAL \_\_\_\_

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## **Fit to Play & Perform DVD 's**

Agility, Balance & Coordination Drills \_\_\_\_\_

Core Stability 1- Basework & Bridging \_\_\_\_\_

Core Stability 2-Lower Core & Leg Training \_\_\_\_\_

Core Stability 3-Upper Core & Arm Training \_\_\_\_\_

Number of DVD's Ordered : \_\_\_\_\_

1 DVD Price : \$ 23.95 CAN. + S & H. \$ 6.05 = \$ 30.00

4 DVD Price :: \$ 80.00 CAN + S & H \$ 10.00 = \$ 90.00

Int. Shipping: 1 DVD= \$ 8.00, 2 DVD's= \$ 12.00, 3 DVD's = 16.00, 4 DVD's=\$20.00)

